

Study of Rubric Jealousy in Synthesis Repertory and Its Efficacy in Various Cases

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Abstract: *In today's world every human being is affected by number of emotions due to which peace of mind is totally disturbed. Every emotion of our mind affects the body in positive and negative way. Whenever if any person could not achieve anything in their life for which he is so ambitious and this leads to disappointment and causes the lot of emotions in mind that can be anger, fear, grief, hate, shock, jealousy and so many other emotions. Jealousy is most prevalent in today's era. In family children, work, home, business this is so common that if other person is having something and other one generates the jealousy with different intensity and severity. Homoeopathy is the science which acts on dynamic plane and emotions are dynamic in nature. So purpose of my study was to understand the efficacy of Rubric jealousy in synthesis repertory in various cases. For the study 50 cases were selected and study was undertaken for period of 1 year and 6 months. Result has been assessed with T-test.*

Keywords: Jealousy, Types of jealousy, Homoeopathy, Synthesis Repertory

1. Introduction

Although Dr. Hahnemann in the Organon of medicine and most homoeopaths consider the mental symptoms-the "always predominating state of the mind and disposition"-as being very important and significant in defining the disease or selecting a remedy. Dr. Hahnemann gave the higher importance to the individualization. In Modern science disease is treated in man. Vital force is dynamic in nature and its functioning can only be seen through human body whether it is normal or abnormal. Thoughts, emotions are the dynamic in nature that can affect the vital force in every possible way.

Health is the balanced condition of the living organism in which the integral harmonious performance of the vital functions tends to the presentation of the organism and the normal development of the individual. There is every time flow of energy in body that maintains the balance of the body and keep the body in harmonious state but there are so many materialistic or unmaterialistic things that can cause the blockage of flow of energy and leads to disharmony in our body and ultimately its results into disease and one of main cause that can cause the blockage of energy is EMOTIONS.

Emotions are biologically-based psychological states brought on by neurophysiological changes, variously associated with thoughts, feelings, behavioral responses, and a degree of pleasure or displeasure

Human being is a house of expectations from each and every one and we born in relationships that are connected with each other by somewhere unconditional emotion that is LOVE and that first relation started in mother's womb with fetus. That living cell that is directly and indirectly connected with mother with all chain of emotions, every thought of mother can affect them directly. Transfer of good emotions leads to healthy life of upcoming human being and if mother is negative by thoughts can directly impact the being in negative way Disease is combination

of two words DIS + EASE and whenever there is imbalance in human EASE and it leads to DISEASE. Billions of neurotransmitters molecules work constantly to keep our brains functioning, managing everything from our breathing to our heartbeat to our learning and concentration levels, sleep and maintain the harmony of the body but whenever any of emotion that develops because of any thought or situation can cause the DIS+EASE and disease in healthy human being.

So emotions are so important to balance because they can directly affect the man in every possible way. In today's world every human being is so much under the influence of materialistic things that can affect the other person emotionally, mentally and physically. There is no end of needs in today's world. Basic need of life is food, shelter and air but now days all these things are left so behind and needs of man are converted into GREED. When greed is not fulfilled then ultimately there is development of no. of emotions and basic emotions are ANGER, FEAR, SHOCK, GREIF and HATE can directly or indirectly lead to JEALOUSY acc. **to the disposition of an individual.**

Jealousy is a complex emotion that encompasses feelings ranging from suspicion to rage to fear to humiliation. It strikes people of all ages, genders, and sexual orientations, and is most typically aroused when a person perceives a threat to a valued relationship from a third party. The threat may be real or imagined. The reactions can be limited to one's own self or can be expressed to other person in positive or negative way.

Types of Jealousy

We can identify six major types of jealousy:

- Pathological Jealousy
- Romantic Jealousy
- Sexual Jealousy
- Rational Jealousy
- Irrational Jealousy

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- Intentional Jealousy

Rational jealousy

Rational jealousy is different from other types of jealousy. In this type of jealousy, there is a real and reasonable doubt in a partner. Jealous partner behaves so as to prevent the loss of a loved one, but in a socially acceptable way, without intimidation, humiliation, threats and other forms of inappropriate behavior.

Irrational Jealousy

Irrational jealousy, also referred to as morbid jealousy in the psychological literature is when the jealousy isn't based upon evidence or if the person's jealousy is out of proportion to the situation. In addition, it is more than a fleeting emotion. Usually, the person not only dwells on the jealousy, but will also engage in some sort of negative behavior. For example, a man who believes that his wife is flirting with every man she talks with when she is just engaging in normal interaction may be experiencing irrational jealousy. He not only constantly thinks, or obsesses, about her interactions with other men, but also questions her excessively about every detail of her day. At first, she may reassure him and tries to not talk to other men but eventually finds that no amount of reassurance changes the situation. She is likely to become angry and resentful which could cause that which he fears--her leaving him.

Another example (although this is really about envy) is someone who obsessively focuses on her neighbor's life and negatively compares herself to the neighbor. However, she may also view the neighbor as undeserving of her good fortune and engages in negative gossip with other neighbors which are a form of retribution, a behavior often seen with jealousy or envy.

When jealousy is expressed in negative way that can harm the other person which is syphilitic in nature and this is itself a destruction of intellect where there is no control on emotions and intellect is over powered by emotions in so negative way. In homoeopathy there is power to balance the emotions as it works on dynamic place. Thus present study is conducted to evaluate the efficacy of Rubric Jealousy in various diseases from synthesis repertory during homoeopathic treatment. This rubric is selected in such patients who have strongly representing the jealousy. In this study proper case taking and individualization have been done in each case for prescribing the similimum and follow up of the cases are done at interval of 15 days till 3 months.

Pathological Jealousy

Pathological jealousy, Othello syndrome or delusional

jealousy, is a psychological disorder in which a person is preoccupied with the thought that their spouse or sexual partner is being unfaithful without having any real proof,¹² along with socially unacceptable or abnormal behaviour related to these thoughts.¹² The most common cited forms

of psychopathology in morbid jealousy are delusions and obsessions. It is considered a subtype of delusional disorder.

Romantic Jealousy

Romantic jealousy is the subject of study of human and social from different psychological and psychiatric currents states that romantic jealousy can be defined "as a complex set of thoughts, feelings and actions that follow a threat to self-esteem and / or threaten the existence or quality of the relationship. These threats are generated by the perception of a real or potential attraction between the partner and a (perhaps imaginary) rival jealousy is a state which – depending on the context – can arouse emotions like sadness (loss), anger (treason), or fear or anxiety (loneliness)¹¹

Sexual Jealousy

Sexual jealousy is a **special form of jealousy in sexual relationships**, based on suspected or imminent sexual infidelity. If you are in a relationship, you certainly have your guard up in fear that your partner will commit infidelity. Also, sexual jealousy is different for men and women.

Intentional Jealousy

Intentional jealousy is a form of jealousy, which one of the partners can use with a specific function, for example as a specific tool against a partner or achieve some kind of benefit. Flirting, men paying attention to other women, talking about friends of opposite sex, talking about old love, etc. are only some of the signs of intentional jealousy.

2. Material and Methods

Population: This study had been conducted on the patients who were attending the OPD/IPD of Sri Guru Nanak Dev Homoeopathic Medical College and Hospital, Ludhiana.

Age & Sex: Patients of all age group and both Sexes

Medicines: The similimum was reached by Repertorisation with the help of Repertorium Homoeopathicum Syntheticum.

Pharmacy: Dr. Reckweg & Co., SBL Pvt Ltd., Dr. Willmar schwabe India Pvt Ltd.

Inclusion Criteria: Patient of physical or mental diseases in which emotion jealousy is strongly present.

Exclusive Criteria: Every other emotions like anger, fear, delusions and patients who are not regular giving regular follow up are excluded from the study.

Investigation: Diagnosis by clinical presentation

Type of study: Exploratory study

Sample: Study of 50 cases

Sample calculator: Sample calculation is done by the help of textbooks of statistics. To obtain 95% confidence limit I have decided to take sample size of 50 cases.

Statistical analysis: T-test is applicable, as comparison between pre and post treatment is done in the same study on the basis of score card.

Research Technique: After the proper cases taking, totality of symptoms is made. Repertorisation has been done with help of Homoeopathicum

Repertorium Syntheticum and on the basis of Individualization and similimum is given to the patient.

3. Results

The study was conducted to know the efficacy of using the rubric jealousy in synthesis repertory in such the patients where jealousy is present as strong emotion in various physical diseases. Study was conducted among 50 patients.

This study was confined to both male and females with every age group who are suffering from any physical disease with strong emotion jealousy in them. Patients were selected according to inclusion and exclusion criteria. Full case taking was done according to case performa. Then, evaluation and analysis of symptoms were done after diagnosis of case, later repertorisation was done from synthesis repertory and medicine was selected on the basis totality of symptoms. Potency and repetition was done according to the principles of homoeopathy. In each and every case, proper follow up was taken and results were assessed by scoring that was done in every case according to severity and intensity of the symptoms.

6 patients were in the age group of the 1-20 years of age group, 31 patients in the age group of 21-35 years of age group, 3 patients in the age group of 36-60 years of age group. According to this, maximum patients were involved in the age group of 21-35. And less in the 1-20 years of age group and least in the age group of 36-60 years of age group.

There were 41 (82%) females and 9 (18%) males who take part in the study. And this justifies that incidence of jealousy is more seen in females than males.

There were maximum patients that belongs to medium socio-economic status 27 (54%) patients out of 50 were of medium socio-economic status and less 14 patients (28%) of good socio-economic status and least 9 patients (18%) poor socio-economic status. This incidence justify that jealousy was more observed in medium socio-economic status than other.

There were 30 patients (60%) who were un-married and 20 patients (40%) were married and this justifies that jealousy is more seen in un-married persons.

During study it was observed that in 50 cases, sycosis is predominant miasm in 22case (44%) and Psoro-sycotic 12 cases (24%), Syphilis 7 cases (14%), Psora miasm in 4 cases (8%), Psoro-syphilitic cases are 3 (6%), and 2 cases are of Syco-syphilitic miasm (4%). In this study the frequency of indicated remedies on the basis of Repertorial Totality was found to be maximum of Lachesis (18 % ofcases), Hyoscamus, Natrum mur (10% of cases), Nux vomica, sepia (8% of cases) Asenic album, Calcarea sulph, Pulsatilla was indicated in 6% of cases each. Calcarea carb, Causticum was indicated in 4% of cases each. Many remedies like sulphur, Stramonium, Staphysagria, phosphorus, phosphoric acid, kali sulph, calcarea phos, lycopodium, ignitia, apis mel was indicated in 2% of cases each.

Out of 50 cases of study 24 cases (48%) showed the marked improvement in and improvement in 17 cases (34%) and 9 cases (18%) did not show improvement.

Statistical analysis was done using paired t-test to access the efficacy of Rubric jealousy in synthesis repertory and to know its efficacy in homoeopathic treatment in various cases. The result showed that the value of critical t (18.2618112) was greater than the tabulated value in t-table at $df = 49$ at confidence level 95% at 0.05 i. e 2.0096, proving the effectiveness of Rubric jealousy if considered in homoeopathic treatment where jealousy was available as strong emotion.

4. Conclusion

Paired t-test has been conducted to access the efficacy of rubric jealousy in homoeopathic treatment. The result shows that the value of critical t (18.2618112) is greater than the tabulated value table in t-table at $df = 49$ at confidence level 95% at 0.05 i. e 2.0096, which is statistically significant.

Thus Null hypothesis (H_0) is rejected and the alternate hypothesis (H_a) that Rubric Jealousy is effective in homoeopathic treatment is accepted.

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