

# Optimizing 5G Network Performance Through Periodic Measurement Report

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**Abstract:** 5G network performance can be improved by regularly measuring and adjusting the network's operation, tackling the significant challenges that come with rolling out 5G technology. This report investigates how 5G networks can be optimized concerning coverage and overall user experience. There are solutions. Cutting - edge technologies like Massive MIMO and beamforming are used together with dynamic spectrum sharing to overcome the challenges posed by millimeter - wave communications. Using smart ways to manage networks, and continuing to explore what can be measured and provided as feedback with a view to network optimization can drive advancements that help to meet demands of today's wireless communications. Periodic measurements, as a concept and practice, can significantly enhance 5G networks, but determining the right data to collect and the right actions to take requires continued efforts.

**Keywords:** 5G Network Optimization, Periodic Measurement, Millimeter - Wave Communications, Dynamic Spectrum Sharing, Network Management Strategies

## ACRONYMS

5G Fifth Generation

A3, A4, A5 Event triggers for measurement reporting in cellular networks

AMC Adaptive Modulation and Coding

CoMP- Coordinated Multi - Point

EARFCN E - UTRA Absolute Radio Frequency Channel Number

FR1- Frequency Range 1

FR2- Frequency Range 2

gNodeB- Next Generation Node B

LTE Long - Term Evolution

LTA Learning - based Terrain Sensing Algorithm

MIMO Multiple Input Multiple Output

mmWave Millimeter - Wave

NR New Radio

OTA- Over - The - Air

PCI- Physical Cell Identity

RSRP- Reference Signal Received Power

SNR Signal - to - Noise Ratio

UDN Ultra - Dense Network

UE- User Equipment

## 1. Introduction

The new 5G networks have unprecedented speeds and connectivity, and this development was intended as a way to meet the rising demand of the digital age. 5G encompasses a broader spectrum, using both Frequency Range 1 (FR1), below 6 GHz for widespread coverage, and Frequency Range 2 (FR2), above 24 GHz, to accommodate high - capacity needs, especially in dense urban settings. Expansion, however, brings challenges as well for 5G deployment. These include network congestion, limited spectrum resources, and the diminished coverage inherent to FR2's higher frequencies. The 5G spectrum bands can be seen in Figure 1, below.

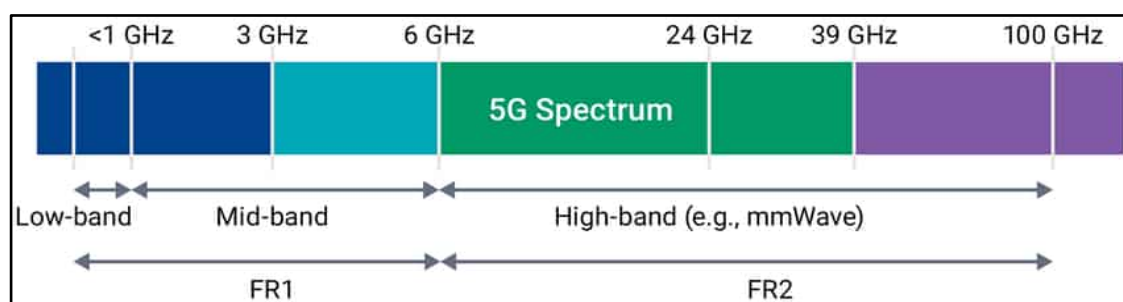


Figure 1: 5G Spectrum Bands

Periodic measurement is a key strategy for optimizing operational efficiency and equitable load distribution. This report aims to explore the instrumental role of periodic measurements in monitoring and optimizing network performance across diverse scenarios. Timely handovers and redirecting User Equipment (UE) to less congested Next Generation Node Bs (gNodeBs) are just some of the ways that periodic measurements support network load balancing and performance enhancement. Specifically, the following questions will guide this report:

Q1. How can periodic measurement improve the operational efficiency and load distribution of 5G networks?

Q2. What are the main challenges in deploying 5G technology, and how can they be addressed through periodic measurement?

Q3. Which advanced technologies and methodologies can be integrated with periodic measurement practices to enhance network performance and user experience?

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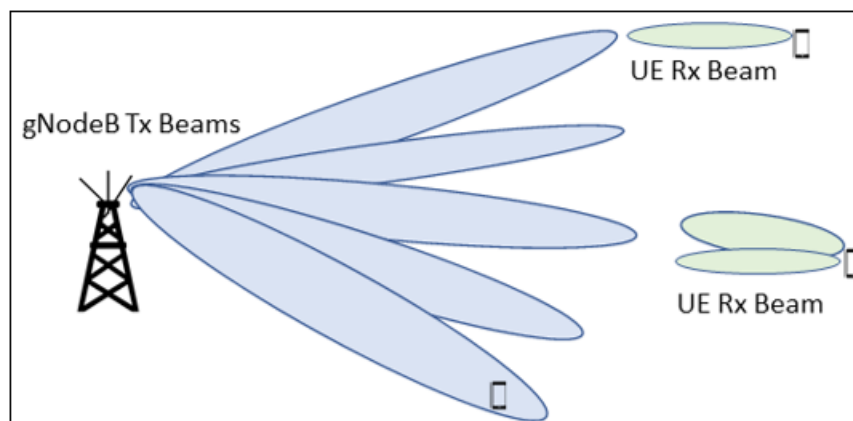
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## 2. Background

### 2.1 Evolution and Architecture of 5G Technology

The journey from 1G to 5G is driven by demand for faster data speeds, lower latency, and more reliable connections [1]. One advantage of 5G is that it can use both FR1 and FR2 to meet these demands. FR1, operating below 6 GHz, offers

improved coverage and penetration capabilities, making it ideal for widespread connectivity. Its bands are stratified into low (below 3 GHz), mid (3 GHz to 6 GHz), and high (around 6 GHz to 24 GHz) bands, each serving distinct coverage and capacity roles. Conversely, FR2 targets high - capacity needs in dense urban areas with millimeter - wave bands above 24 GHz, despite facing challenges like atmospheric absorption and obstacle blockage that significantly reduce its effective range.



**Figure 2:** 5G Network Transmission and UE Position

Figure 2 shows how transmission beams from the gNodeB are directed and how the UE receives them, providing for the adaptation of signal values based on UE location for performance optimization.

The architecture of 5G networks marks a significant advancement, integrating sophisticated components and technologies like Massive MIMO, beamforming, and dynamic spectrum sharing to enhance performance across both FR1 and FR2. This architecture ensures efficient spectrum utilization, significantly improving coverage, capacity, and user experience [2], [3].

### 2.2 Challenges and Solutions in 5G Deployment

FR1 and FR2 limitations present challenges for 5G deployment. For FR1, the key issues include ensuring widespread coverage and overcoming penetration barriers in varied environments. FR1's lower bands provide broad coverage, essential for rural and suburban areas, while its mid and high bands balance coverage and capacity, suitable for urban settings. However, these bands face limitations in bandwidth that can restrict data speeds, necessitating innovative solutions such as network densification through small cells and advanced technologies like dynamic spectrum sharing.

FR2, focusing on the mmWave spectrum, encounters challenges related to limited propagation range and vulnerability to atmospheric absorption and physical obstructions. To mitigate these issues, the deployment of small cells is vital, alongside leveraging technologies such as beamforming and Massive MIMO to focus signals dynamically and maintain connectivity in dense urban zones. The adaptability of 5G's architecture plays a crucial role in overcoming mmWave limitations, enabling effective coverage even in challenging environments [4].

By integrating FR1 and FR2, 5G networks achieve an optimal mix of extensive coverage and high - capacity service. Advanced antenna technologies and system - level optimization assists in addressing the spectrum and deployment challenges inherent to 5G networks. It will take collective efforts to enhance both FR1 and FR2's performance and underscore the transformative potential of 5G technology in meeting growing demand [2], [3].

### 2.3 Significance of Network Measurement in 5G

Network measurement provides for effective management and optimization of 5G networks through feedback and continuous improvement. This helps to address the unique challenges presented by FR1 and FR2 in 5G deployment. Measurements and associated variables provide for real - time adjustments and long - term strategic planning. This ensures the network's performance and reliability. In the context of FR1, where coverage and penetration are key concerns, optimization strategies such as beamforming and Multiple Input Multiple Output (MIMO) configurations can play a role. In such cases, periodic measurements of signal quality are crucial for the precise adjustment of beam patterns to maximize coverage and throughput efficiently. Kozłowski et al. highlight the transformative potential of integrating advanced measurement techniques with beamforming and MIMO to enhance signal coverage and capacity [2]. This underscores the strategic importance of continuous, precise network measurement in adapting to varying network conditions and demands.

Interference management within FR1, utilizing techniques like Coordinated Multi - Point (CoMP) operations, is another area where network measurements are indispensable. By continuously monitoring interference levels, networks can dynamically adjust to mitigate interference sources

effectively, enhancing overall network performance. Furthermore, the role of network slicing and load balancing, optimized through strategic allocation of resources based on real - time traffic patterns and user distribution, showcases the critical need for ongoing network measurements. These strategies ensure a balanced network load and efficient resource utilization, as emphasized by Ramanath in discussing the dynamic nature of 5G network management [5].

For FR2, with its unique challenges related to mmWave frequencies, periodic measurements take on an even more critical role. The dynamic nature of mmWave signal propagation necessitates regular measurements to guide the steering of beams and adjustment of network parameters to maintain optimal connectivity. The work of Sanfilippo et al. on 5G NR's air interface improvements for mmWave frequencies illustrates the importance of network measurements in navigating the complexities of high - frequency signal management [3]. Adaptive Modulation and Coding (AMC) and mobility management strategies, informed by these measurements, further enhance FR2's performance, ensuring seamless user connectivity across this challenging spectrum.

The integration of sophisticated data analytics and machine learning with network measurements stands as a testament to the evolving landscape of 5G network optimization. By leveraging real - time data, 5G networks can implement intelligent adjustments to configurations, enhancing

efficiency, and user satisfaction across diverse use cases and environments. This strategic application of network measurements not only facilitates immediate adjustments in response to fluctuating conditions but also informs broader strategies for network development and optimization.

### 3. Periodic Measurement In 5g Networks

#### 3.1 Concepts and Definitions

In 5G networks, two primary types of measurements are identified: aperiodic and periodic. Aperiodic measurements are event - driven, triggered by specific network conditions or user actions, providing immediate data for urgent network adjustments [6]. For example, a sudden drop in signal quality or the initiation of a handover process might prompt these measurements [5]. Conversely, periodic measurements occur at regular intervals, offering a consistent data stream for ongoing network optimization [6]. This continuous monitoring covers a range of parameters, including signal strength, SNR, and interference levels, enabling network operators to maintain optimal performance across both FR1 and FR2 deployments [6]. Through the strategic application of periodic measurements, networks can adapt to the varying conditions and demands of 5G services [6]. By leveraging advanced data analytics and machine learning, these measurements inform dynamic adjustments to network configurations, ensuring high efficiency and user satisfaction in the face of 5G's diverse use cases and challenges [6].

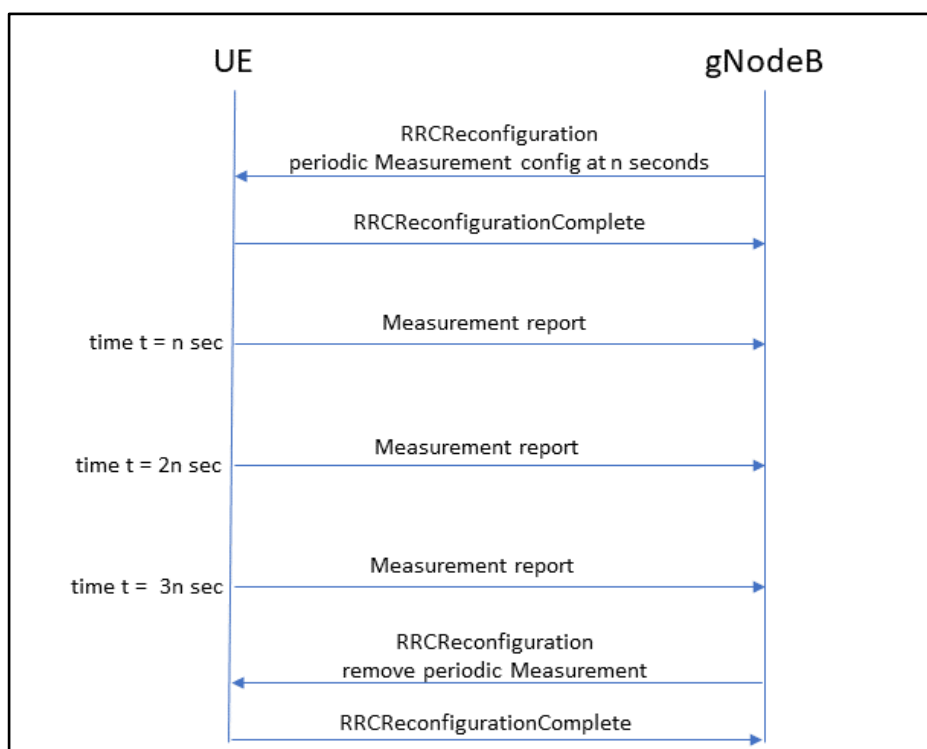


Figure 3: 5G Periodic Measurement Configuration

The sequential flow in Figure 3 highlights the interaction between UE and the gNodeB. The diagram shows the initial configuration of periodic measurements, the regular interval at which measurement reports are sent by the UE, and the eventual removal of these configurations. This exchange

provides the data necessary for the network to respond to changing conditions in real - time.

#### 3.2 Techniques and Technologies for Conducting Periodic Measurements in 5G Networks

Periodic measurements in 5G networks support performance and reliability by leveraging a feedback loop of continuous improvement by responding to the conditions of use and in the environment. This monitoring provides for dynamic network optimization. Among the array of tools utilized for these measurements, signal and spectrum analyzers emerge as critical components, offering detailed insights into the network's spectral efficiency, signal integrity, and overall performance.

Signal and spectrum analyzers have varied form factors and architectures that cater to a wide range of application needs, from research and development labs to field applications [7]. A platform - based approach ensures that test solutions are adaptable to changing test requirements and new standards, a critical consideration in the rapidly evolving 5G landscape [7]. The inclusion of USB architecture for signal analyzers is a compact and flexible testing solution [7].

In addition to the advanced technological solutions for periodic measurements in 5G networks, the management of uncertain data streams presents a significant challenge. Work by Chen et al. on optimizing multi - top - k queries over uncertain data streams underscores the complexity of real - time data analysis in 5G networks, where the accurate and efficient processing of these queries can greatly enhance the network's adaptive capabilities [8]. This optimization is crucial for enabling dynamic resource allocation and improving the overall network performance, demonstrating the critical role of sophisticated data analytics in the 5G ecosystem.

Periodic measurements in 5G networks leverage state - of - the - art techniques and technologies. Beamforming and MIMO are pivotal for enhancing FR1 signal coverage and capacity, while dynamic beam steering addresses FR2's connectivity challenges. The Learning - based Terrain Sensing Algorithm (L TSA) introduced by Ramanath exemplifies an innovative approach to dynamic network adaptation, illustrating the critical role of periodic measurements in optimizing network performance [5]. Furthermore, the necessity of over - the - air (OTA) testing methods for 5G mmWave devices highlights the evolving landscape of network measurement and testing methodologies [1].

### 3.3 Applications of Periodic Measurement

Periodic measurements serve a multitude of applications within 5G networks, fundamentally aimed at enhancing network performance, reliability, and user experience. These measurements enable the dynamic allocation of network resources, fine - tuning of network parameters, and proactive management of network congestion and coverage. For instance, the implementation of network slicing, as detailed by Kozłowski et al., relies on periodic measurements to

ensure that each slice meets its specific performance requirements, addressing scalability, orchestration, and the efficient use of resources [2]. Similarly, the terrain sensing and dynamic adaptation capabilities discussed by Ramanath underscore the application of periodic measurements in adjusting to the geographical and environmental context, optimizing network connectivity and throughput based on real - time data [5].

Through these applications, periodic measurements empower network operators to maintain optimal service levels across both FR1 and FR2, adapting to the ever - changing landscape of network demands and environmental conditions. This proactive approach enhances the efficiency and effectiveness of 5G deployments and paves the way for innovative solutions to the complex challenges of next - generation wireless communication.

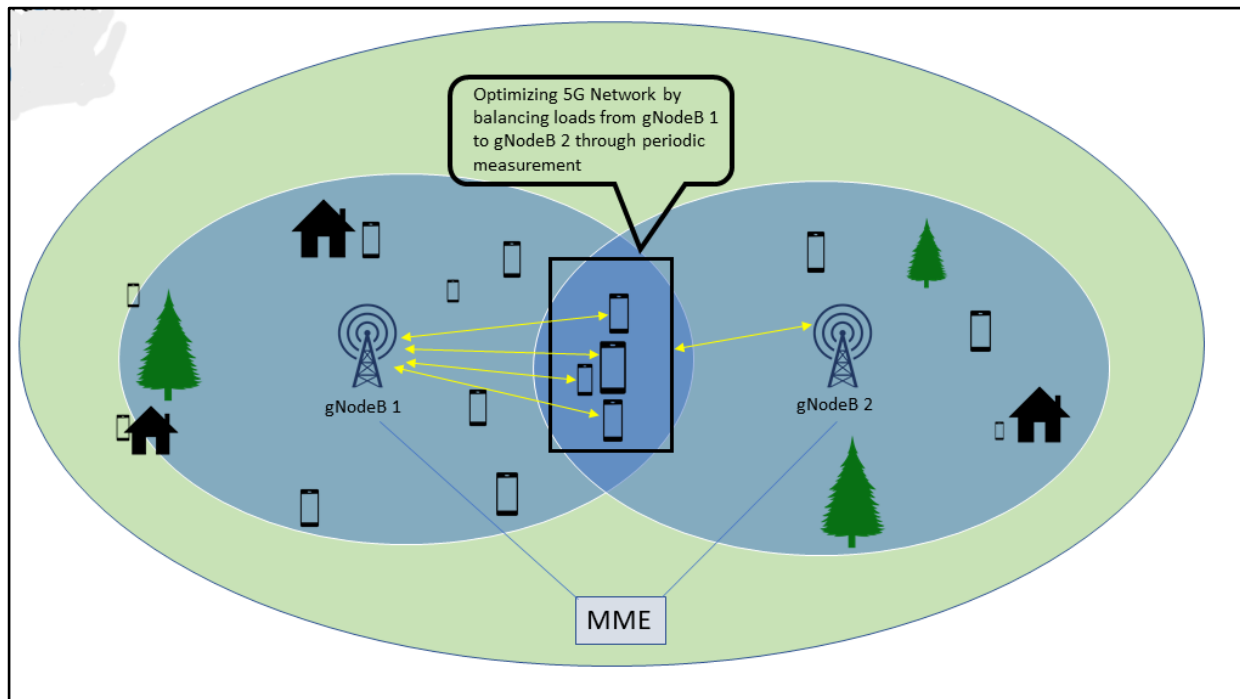
## 4. 5G FR1 & FR2 Deployment Strategies

The deployment of 5G networks utilizing FR1 and FR2 spectrum bands represents a transformative approach to meeting the burgeoning demands for high - speed internet and connectivity.

### 4.1 Deployment Solutions

To overcome challenges and limitations, network densification through small cells, alongside advanced technologies like dynamic spectrum sharing, is employed to enhance capacity without compromising coverage. FR2 operates in the millimeter - wave spectrum, offering vast bandwidths for high - capacity channels but suffering from limited range and penetration due to higher frequencies. The deployment of FR2 requires a dense network of small cells to ensure coverage and reliability, particularly in urban areas where buildings and other structures can obstruct signals. Beamforming and Massive MIMO technologies are critical in addressing these challenges, focusing signals in concentrated beams that can dynamically adapt to the environment and user location. The solution requires a combination of actions. Both FR1 and FR2 benefit from innovations in antenna design, including beamforming and Massive MIMO. These technologies not only enhance signal strength and coverage but also significantly increase network efficiency and capacity by directing energy where it is needed most. By allowing a single physical network to be partitioned into multiple virtual networks, operators can optimize different slices for specific services or user groups, thus efficiently managing diverse requirements across a wide range of applications. Using techniques such as cognitive radio and spectrum sharing allows operators to better utilize available spectrum, adapting to real - time demands and regulatory environments to maximize network performance and efficiency.





**Figure 4:** 5G Network Load Balancing Using Periodic Measurement

Figure 4 shows the application of periodic measurements in load balancing between two gNodeBs to support network optimization, illustrating the use of periodic measurements for UE positioning.

#### 4.2 Impact of Environmental Conditions

Environmental factors play a significant role in the deployment and performance of 5G networks, affecting both FR1 and FR2. In densely populated areas, the built environment can cause signal reflection, diffraction, and attenuation, particularly challenging for FR2. Solutions include the strategic placement of small cells, utilization of reflective materials for signal enhancement, and deployment of indoor solutions like distributed antenna systems (DAS). The vast distances and varied topographies present challenges for coverage and network economics. Solutions involve using lower frequency bands within FR1 for wider coverage, deploying high - altitude platform stations (HAPS), and leveraging satellite integration to ensure connectivity in the most remote areas. Weather conditions and topography can impact signal propagation, especially for FR2. Dynamic beam steering and environmental sensing capabilities are examples of adaptive network capacities that provide critical feedback to optimize network performance.

### 5. Network Optimization Through Periodic Measurement

#### 5.1 Strategies for Network Optimization of 5G through Periodic Measurement

Optimizing network performance in the 5G era involves several key strategies, each leveraging periodic measurements to enhance efficiency, coverage, and user experience. Strategies like dynamic network slicing, intelligent traffic management, predictive maintenance and

anomaly detection, and enhanced Quality of Experience (QoE) and Quality of Service (QoS) monitoring.

Periodic measurements provide for dynamic network slicing, a way of allocating resources dynamically across different network parts to ensure each slice meets its specific QoS. This flexibility is crucial for supporting diverse application needs within the same physical infrastructure. By analyzing data from periodic measurements, 5G networks can implement smart traffic management solutions. These systems adjust routing and network configurations in real time to alleviate congestion, improve throughput, and ensure equitable resource distribution among users [9]. Periodic measurements provide a more proactive approach, with early identification of potential issues or degradation in network performance [9]. Machine learning algorithms can be trained on this data so that network operators can predict and address faults before they happen [6]. Continuous monitoring of signal quality, throughput, and latency are key to QoE and QoS, ensuring a consistent and high - quality user experience.

#### 5.2 Advanced Measurement Techniques

To support these optimization strategies, 5G networks use a variety of advanced measurement techniques such as beamforming and MIMO optimization, interference management, and mobility management. For FR1 and FR2, especially in dense urban environments, optimizing beamforming patterns and MIMO configurations based on periodic measurements can significantly enhance signal quality and network capacity. Through the analysis of measurement reports, networks can dynamically adjust parameters to mitigate interference, leveraging techniques such as Coordinated Multi - Point (CoMP) operations and beam steering. By continuously monitoring signal quality and performance metrics, 5G networks can make more informed decisions about handovers and adjustments to mobility parameters, ensuring seamless connectivity for moving users.

### 5.3 Implementation

Implementing network optimization through periodic measurement involves integrating these strategies into the network's operational framework, requiring sophisticated analytics platforms and real-time data processing capabilities. Case studies from early 5G deployments highlight the effectiveness of these approaches in enhancing network performance, reducing operational costs, and improving user satisfaction. For example, in dense urban deployments, operators have utilized dynamic beam steering and MIMO optimization to address coverage and capacity challenges, demonstrating significant improvements in throughput and latency. Similarly, in large-scale events or heavily trafficked areas, intelligent traffic management and predictive maintenance have been critical in maintaining high service quality.

### 6. Conclusion

This report has provided research information and analysis regarding the optimizing 5G network performance through the strategy of periodic measurement. This required a review of the challenges that accompany the deployment of 5G technology, notably in managing network congestion, navigating limited spectrum resources, and overcoming the coverage limitations posed by FR2's higher frequencies. The investigation underscored periodic measurement as a cornerstone strategy for enhancing operational efficiency and achieving equitable load distribution across the network. The integration of advanced technologies such as Massive MIMO, beamforming, and dynamic spectrum sharing, in tandem with the insights derived from periodic measurements, has been highlighted as pivotal in navigating the intricacies of millimeter-wave communications. This synergy between cutting-edge technological solutions and data-driven optimization strategies has been shown to significantly enhance network efficiency, coverage, and user experience. Continuous improvement across system levels will drive reaching the full potential of 5G networks at the research level, but even at the moment to moment level within 5G deployment, feedback can support continuous improvement that serves network efficiency and reliability. The findings of this report advocate for a continued emphasis on innovation in measurement and optimization techniques. Such advancements are crucial for addressing the evolving demands of wireless communication systems and ensuring that 5G technology can fulfill its promise of connecting the world more efficiently and effectively.

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