

Utility of Kent Repertory in Covering Symptoms Related to Chronic Obstructive Pulmonary Disease

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1. Introduction

Chronic Obstructive Pulmonary disease (COPD) is a gradually progressive chronic disease that can be characterized by an unavoidable decline in respiratory function, exercise capacity, and health status. Exacerbations are events in the natural history of COPD when there is marked increase in symptoms like dyspnoea, sputum volume and purulence.

Risk Factors for COPD

Tobacco smoking

Air pollution (particularly with sulphur dioxide and particulates)

Occupational exposure to inorganic or organic dusts or noxious gases

Recurrent respiratory infection in childhood

Familial and genetic factors (α 1-antitrypsin deficiency)

Low birth weight

Common symptoms of COPD include:

- Increasing breathlessness – this may only happen when exercising at first, and you may sometimes wake up at night feeling breathless.
- A persistent chesty cough with phlegm that does not go away.
- Frequent chest infections.
- Persistent wheezing.

Kent Repertory

“Repertory is a systematically and logically arranged index to the homoeopathic materia medica, which is full of information collected from toxicology, drug proving and clinical experience”.

Kent's repertory was based on philosophy of deductive logic that is from generals to particular. Dr. Kent divide the symptoms in there hierarchy as General Symptoms, which is dived into Mind and Physical; particular symptoms; Common symptoms. The repertory is constructed in such a way that every case can be worked out from general to particular. The advantage of such a process is that the remedies, which have a particular symptom, may not have a specific modality, which is needed for the case.

Rubrics Related to COPD in Kent's Repertory

Cough

DAYTIME: *Agar.*, *ail.*, *alum.*, **Am-c.**, *am-m.*, *anac.*, *ang.*, *ant-t.*, *arg-m.*, *arn.*, *arum-d.*, *bar-c.*, *bar-m.*, *bell.*, *bism.*, *bov.*,

brom., *bry.*, *bufo.*, *calc-p.*, *calc.*, *cham.*, *chin.*, *cic.*, *coc-c.*, *coloc.*, *com.*, *con.*, *cot.*, *cupr.*, **Euphr.**, *ferr-p.*, *ferr.*, *gamb.*, *graph.*, *guai.*, *hep.*, *kali-bi.*, *kali-br.*, *kali-c.*, *kali-n.*, *kali-p.*, **Lach.**, *laur.*, *lyc.*, *manc.*, *mez.*, *mur-ac.*, *nat-a.*, *nat-c.*, *nat-m.*, **Nat-s.**, *nicc.*, *nit-ac.*, *nux-v.*, **Phos.**, *rhus-t.*, *sars.*, *sep.*, *sil.*, *sol-t-ae.*, *spong.*, *stann.*, *staph.*, *sulph.*, *sumb.*, *thuj.*, *viol-o.*, *zinc.*

expectoration copious, greenish, salty, agg. morning: *Stann.*

LOOSE, morning

morning: *Agar.*, *alum.*, *ars.*, *bad.*, **Bry.**, *calc.*, *carb-s.*, **Carb-v.**, *cench.*, *cham.*, *chel.*, *coc-c.*, **Hep.**, *meph.*, *mur-ac.*, *nat-m.*, *nat-p.*, *nat-s.*, *nit-ac.*, *nux-v.*, *ph-ac.*, *phos.*, *psor.*, **Puls.**, **Sep.**, *sil.*, **Squill.**, **Stann.**, *stict.*, *stram.*, **Sul-ac.**, **Sulph.**

Expectoration

DAYTIME only: *Acon.*, *ail.*, *alum.*, *alumn.*, *am-c.*, *anac.*, *ang.*, *ant-t.*, *arg-m.*, *arn.*, **Ars.**, *asaf.*, *bell.*, *bor.*, *bry.*, *calc.*, *caps.*, *carb-an.*, *carb-s.*, *caust.*, **Cham.**, *chin.*, *cic.*, *coc-c.*, *cocc.*, *colch.*, *con.*, *dig.*, *euphr.*, *ferr-ar.*, *ferr-p.*, *ferr.*, *graph.*, *guai.*, **Hep.**, *hyos.*, *kali-c.*, *lach.*, *lyc.*, *mag-c.*, *mag-m.*, *mang.*, **Merc.**, *nit-ac.*, *nux-v.*, *op.*, *petr.*, *phos.*, **Puls.**, *rhus-t.*, *sabad.*, *samb.*, *sanic.*, **Sil.**, *squill.*, *stann.*, *staph.*, *stront.*, **Sulph.**, *verat.*, *zinc.*

MORNING: *Acal.*, *acon.*, *agar.*, *ail.*, *alum.*, *alumn.*, *am-c.*, *am-m.*, *ambr.*, *ang.*, *ant-c.*, *ant-t.*, *apis.*, *aral.*, *arn.*, *ars.*, *arund.*, *aur.*, *bar-c.*, *bar-m.*, *bell.*, *bor.*, **Bry.**, *bufo.*, *calc-p.*, *calc-s.*, *calc.*, *caps.*, *carb-ac.*, *carb-an.*, *carb-s.*, **Carb-v.**, *caust.*, *cina.*, *cob.*, *coc-c.*, *colch.*, *crot-t.*, *cub.*, *cupr.*, *dig.*, *dios.*, *dros.*, *eupho.*, *euphr.*, *ferr-ar.*, *ferr-i.*, *ferr-p.*, *ferr.*, **Hep.**, *hyos.*, *ign.*, *Ind.*, *iod.*, *ip.*, *kali-ar.*, *kali-c.*, *kali-p.*, *kali-s.*, *kreos.*, *lach.*, *lact-ac.*, *led.*, *lyc.*, *mag-c.*, *mag-m.*, *mang.*, *meph.*, *mez.*, *mur-ac.*, *nat-a.*, *nat-c.*, *nat-m.*, *nat-p.*, *nat-s.*, *nit-ac.*, *nux-v.*, **Par.**, *ph-ac.*, *phel.*, **Phos.**, *phyt.*, *psor.*, **Puls.**, *rheum.*, *rhod.*, *rhus-t.*, *sanic.*, *sel.*, *seneg.*, **Sep.**, **Sil.**, *sol-t-ae.*, *spong.*, **Squill.**, *stann.*, *staph.*, *stront.*, **Sul-ac.**, **Sulph.**, *thuj.*, *verat.*, *zinc.*, *zing.*

AFTERNOON: *Alum.*, *am-m.*, *anac.*, *ars.*, *bad.*, *caust.*, *chin-s.*, *chin.*, *clem.*, *coc-c.*, *eucal.*, *hydr.*, *lyc.*, *mag-c.*, *mill.*, *naja.*, *nux-v.*, *op.*, *phos.*

EVENING: *Agn.*, *all-c.*, *alum.*, *alumn.*, *ant-c.*, *arg-m.*, *arn.*, *ars.*, *aur.*, *bar-c.*, *bell.*, *bor.*, *bry.*, *bufo.*, *calc.*, *cann-s.*, *canth.*, *carb-s.*, *caust.*, *chin-s.*, *chin.*, *cina.*, *coc-c.*, *crot-t.*, *cub.*, *dig.*, *graph.*, *hydr-ac.*, *hydr.*, *ign.*, *iod.*, *kali-ar.*, *kali-c.*, *kali-n.*, *kali-s.*, *kalm.*, *kreos.*, *lach.*, *lyc.*, *mur-ac.*, *naja.*, *nat-a.*, *nat-c.*, *nat-m.*, *nux-m.*, *nux-v.*, *oena.*, *rhod.*, *rhus-t.*, *ruta.*, *sep.*, *sil.*, *stann.*, *staph.*, *sul-ac.*, *sulph.*, *thuj.*, *verat.*
bed, in: *Calc.*, *nux-m.*, *sep.*

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getting warm: *Nux-m.*

lying down, after: *Graph., psor., sep.*

NIGHT: Alum., am-m., arn., ars., calc-s., calc., carb-s., carb-v., *caust.*, chin-s., coc-c., cycl., dulc., euphr., ferr-ar., ferr., gamb., hep., kali-c., kali-s., led., lyc., mag-aust., meli., mez., phos., puls., pyrog., raph., rhod., rhus-t., sabad., **Sep.**, sil., *staph.*, sulph.

bed, in: Sulph.

midnight, before, on getting into bed: *Sep.*

after: *Led.*

RESPIRATION

DIFFICULT, daytime

daytime: *Chel.*

morning: Ambr., ant-t., aur., bell., *brom.*, carb-an., carb-v., *caust.*, chel., con., *dig.*, *kali-bi.*, *kali-c.*, kali-chl., kali-i., *lach.*, lyc., merc., nit-ac., *nux-v.*, *phos.*, puls., rhod., *sang.*, *sep.*, sil.

midnight: *Acon.*, **Ars.**, calc., *chin.*, puls., *rhus-t.*

before: *Coloc.*, *squil.*

ascending: Acet-ac., agn., aloe., *am-c.*, ang., *apis.*, *arg-n.*, *ars-i.*, **Ars.**, arund., aspar., *aur-m.*, aur., bar-c., berb., *bor.*, *brom.*, bufo., *cact.*, **Calc-ar.**, calc-s., **Calc.**, cann-i., canth., *caps.*, *carb-ac.*, carb-s., carl., cast., cist., *clem.*, **Coca.**, crot-t., cupr., dir., *elaps.*, graph., grat., hyos., *iod.*, **Ip.**, kali-n., *kali-p.*, led., lil-t., *lob.*, lyc., *lycps.*, **Merc.**, nat-a., **Nat-m.**, *nat-s.*, **Nit-ac.**, *nux-v.*, ol-an., petr., *pic-ac.*, *plb.*, puls., ran-b., rat., *rhus-t.*, *ruta.*, *sars.*, *seneg.*, *sep.*, spig., *spong.*, *squil.*, *stann.*, sulph., tab., ther., thuj., til., zinc.

cough, with: *Acon.*, all-s., **Alum.**, am-c., am-m., anac., **Ant-t.**, aral., arn., *ars-i.*, **Ars.**, aspar., bar-c., bar-m., *bell.*, brom., bry., calad., calc-p., calc-s., calc., *carb-v.*, *caust.*, chin-a., chin., *cina.*, coc-c., con., cor-r., **Cupr.**, dig., dol., **Dros.**, eup-per., euphr., ferr-ar., ferr-p., *ferr.*, guai., *hep.*, hydr-ac., ign., **Ip.**, kali-ar., *kali-bi.*, kali-c., *kali-s.*, *kreos.*, lac-c., *lach.*, lact., laur., led., lob., lyc., merc., mez., mur-ac., nat-m., *nat-s.*, nice., nit-ac., *nux-m.*, **Nux-v.**, **Op.**, phel., **Phos.**, rhus-t., samb., *sep.*, sil., spig., spong., *squil.*, **Stann.**, sul-ac., sulph., viol-o., zinc., zing.

exertion, after: Am-c., am-m., *apis.*, *arg-n.*, *ars-i.*, **Ars.**, asaf., *aur-m.*, benz-ac., bor., bov., brom., **Calc.**, *camph.*, carb-s., *carb-v.*, *cench.*, cimic., **Coca.**, con., *dig.*, dir., *ferr-m.*, iod., **Ip.**, *kali-ar.*, *kali-c.*, *kali-i.*, **Lach.**, laur., led., **Lob.**, **Lyc.**, **Lycps.**, merc., **Nat-m.**, *nat-s.*, *nit-ac.*, *nux-m.*, *nux-v.*, ox-ac., ph-ac., *phos.*, puls., rat., *sars.*, *sep.*, sil., spig., **Spong.**, *squil.*, *stann.*, *staph.*, sulph., ter., tub., *verat.*

CYANOSIS: *Acon.*, agar., alum., *am-c.*, ant-c., *ant-t.*, *arg-n.*, arn., ars., asaf., asar., aur., bar-c., *bell.*, bism., bry., calc., **Camph.**, carb-an., **Carb-v.**, caust., cedr., cham., chel., chin-a., chin., cic., cina., cocc., con., **Cupr.**, **Dig.**, dros., ferr., hep., hyos., ign., *ip.*, *kali-chl.*, **Lach.**, **Laur.**, led., lyc., mang., merc., mosch., mur-ac., *naja.*, nat-m., nit-ac., *nux-m.*, *nux-v.*, **Op.**, ph-ac., phos., plb., puls., ran-b., *rhus-t.*, *ruta.*, sabad., *samb.*, *sars.*, *sec.*, *seneg.*, sil., spong., *staph.*, stram., sul-ac., sulph., thuj., **Verat.**, xan.

DROPSY, external: Acet-ac., agar., **Ant-c.**, *ant-t.*, **Apis.**, *apoc.*, ars-i., **Ars.**, *asc-c.*, *aur-m.*, aur., *bell.*, *bism.*, *bry.*, *cact.*, calad., *calc-ar.*, *calc.*, *camph.*, *canth.*, *carb-s.*, *card-m.*, cedr., chel., *chin-a.*, **Chin.**, cinnb., coca., **Colch.**, *coll.*, coloc., con., conv., cop., *crot-h.*, **Dig.**, *dulc.*, eup-pur., eupho., ferr-ar., *ferr-i.*, ferr-p., *ferr.*, **Graph.**, guai., **Hell.**, hyos., **Iod.**, kali-ar., *kali-c.*, *kali-i.*, kali-n., kali-p., kali-s., *lac-d.*, *lach.*, led., lyc., **Med.**, merc., mez., mur-ac., nat-a., nat-c., *nit-ac.*, *nux-m.*, **Oind.**, **Op.**, phos., pic-ac., plat., *plb.*, puls., rhod., rhus-t., *ruta.*, *sabin.*, *samb.*, *sars.*, *sec.*, *seneg.*, *sep.*, sil., **Squil.**, stram., sulph., **Ter.**, *teucr.*, *verat.*, verb., zinc.

Respiration, wheezing: Ail., Alco-s., Aloe, **Alum.**, **Ambr.**, **Apoc.**, Aral., Arg-n., **Ars-i.**, **ARS.**, **Brom.**, Calad., Calc-s., Calc., **Cann-s.**, **Caps.**, **CARB-V.**, Cham., **Chin-ar.**, **Chin.**, Chlol., **Cina.**, Croto-t., **Cupr.**, Dol., **Dros.**, Ferr-i., Ferr., **Fl-ac.**, Graph., Hep., Hydr-ac., **Iod.**, **IP.**, **Kali-ar.**, **Kali-bi.**, **KALI-C.**, **Kali-s.**, **Lach.**, **Lyc.**, **Lycps.**, Manc., Merc., Murx., Naja, Nat-c., **Nat-m.**, **Nat-s.**, **Nit-ac.**, **Nux-V.**

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