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# Remote Browser Isolation: A Path to Zero Trust Security in the Modern Enterprise

#### **Dhaval Gogri**

Fremont. USA

Email: *dhaval.gogri17[at]gmail.com* 

Abstract: As organizations transition towards a Zero Trust Architecture (ZTA) to meet the challenges of modern cybersecurity, Remote Browser Isolation (RBI) emerges as a key technology in fortifying enterprise defenses. This paper explores the integration of RBI into ZTA, addressing the need for continuous verification of web interactions and eliminating implicit trust. RBI isolates web browsing sessions in a secure, remote environment, preventing malicious content such as malware and zero-day attacks from reaching user endpoints. By shifting trust away from user devices and quarantining harmful web elements, RBI significantly enhances security in a Zero Trust framework. Despite its advantages, challenges like latency, bandwidth consumption, and costs remain. This paper also outlines potential advancements in RBI, such as improved performance, AI integration for automated threat detection, cost-effective solutions, and expanded use cases. The findings demonstrate that combining RBI with ZTA can effectively mitigate cyber risks while ensuring a seamless user experience, positioning RBI as a critical component of a comprehensive Zero Trust security strategy.

**Keywords:** zero trust architecture (zta), remote browser isolation (rbi), cybersecurity, web security, zero-day attacks, ai in cybersecurity, access control, network security, cyber threat mitigation

#### 1. Introduction

Any person or device trying to access private network resources, whether inside or outside the network's perimeter, must undergo stringent authentication according to the zero trust security paradigm of IT [1]. Starting with zero trust architecture. If the business already has a good idea of the apps, procedures, services, and workflows it intends to use in its operations, it can craft them in accordance with zero trust principles. After the processes have been defined, the business can start to identify the specific parts that are required and create a diagram showing how those parts function together [2]. The next step is to construct the infrastructure and configure the components, which requires engineering and organizational skills. The present structure and operation of the business will determine whether any further organizational adjustments are necessary [3]. The capacity to detect and keep tabs on any company-owned devices that could be connected to company-owned networks or have access to company resources is also necessary for ZTA [4].

Based on the adage "Never Trust, Always Verify," the zero trust concept demands stringent and continuous identification verification in an effort to limit the occurrence of implicit trust zones [5].

The commercialized security industry was introduced to a new idea called Remote Browser Isolation (RBI) that aimed to protect clients from web applications. Advertised as a forward proxy, RBI safeguards business clients' online activities while they surf the web [6]. In this paper, take a look at the possibility of implementing a zero-client remote access solution that includes RBI technology as a reverse proxy to safeguard organizational web applications from untrusted clients. To lessen the dangers of web application exposure in a zero-trust architecture, the article tries to prove that reverse proxy is a valid use case for RBI technology [7].

Remote Browser Isolation moves trust away from the endpoint to safely fetch, execute, and render web content. Once a user submits an HTML request, RBI executes the request in a remote isolated container. The remote web session strips away malicious code and transforms content into visual streams and renders safe content back to the users[8].

Zero Trust Security



Figure 1: Introduction of Zero trust security

Stephen Paul Marsh originally used the term "zero trust" in his 2010 computer security PhD thesis; In 2011, Forrester Research Analyst John Kindervag started using it for security purposes. Upon the tenet of "never trust," the model is built. which takes into account both internal and external factors affecting the organization [9]. Businesses that are starting from scratch can incorporate zero trust principles into their systems from the beginning, which speeds up the adoption and incorporation process. But established businesses can't afford to wait; they must immediately start making preparations to enter this emerging field of cybersecurity [10].

The aim of this paper is to provide a comprehensive understanding of Zero Trust Security (ZTS) and Remote Browser Isolation (RBI) as critical tools for modern enterprise cybersecurity. The growing complexity of cyber threats, along with the shortcomings of conventional perimeter-based security measures, is the driving force behind this endeavor. By exploring the principles of ZTS and the role of RBI in mitigating web-based threats, the paper aims to highlight the

Volume 12 Issue 2, February 2023 <u>www.ijsr.net</u> Licensed Under Creative Commons Attribution CC BY importance of adopting advanced security frameworks to safeguard enterprises from emerging vulnerabilities. The following contribution as:

- The paper provides a thorough explanation of Zero Trust Security (ZTS), detailing its core principles—contextbased trust, minimum-security requirements, and hierarchical trust—thereby serving as an informative resource for understanding ZTS's fundamental concepts.
- It delves into the fundamental logical parts of Zero Trust Architecture (ZTA), including Policy Enforcement Point (PEP), Policy Administrator (PA), and Policy Engine (PE), and how they work together to improve cybersecurity.
- The paper explains how Remote Browser Isolation complements Zero Trust principles by isolating web sessions, thereby addressing security gaps in scenarios where traditional security controls fall short.
- It identifies and discusses the challenges and limitations associated with implementing RBI and Zero Trust in modern enterprises, including high latency, integration complexities, and user acceptance issues, providing a holistic view of potential obstacles.
- By highlighting the importance of combining RBI with Zero Trust and addressing key challenges, the paper provides practical insights for enterprises looking to enhance their security posture, encouraging adoption while acknowledging the necessary adjustments to infrastructure and policy.

#### a) Organization of the paper

The paper is structured as follows: Section II covers the overview of Zero trust security. Section III Details Fundamentals of remote browser isolation (RBI). Section IV Examines the RBI in zero trust Architecture. Section V provides a challenge and limitation. Section VI presents a Literature review, identifies research gaps, and VII offers Recommendations for conclusions and future work.

## 2. Zero Trust Security: An Overview

Protecting resources is the primary goal of the zero trust cybersecurity paradigm, which operates under the principle that trust should never be given uncritically but should instead be subject to constant evaluation [11][12]. All aspects of an organization's resource and data security— The components of zero trust architecture include identity management, credentials, endpoints, operations, hosting environments, and the underlying infrastructure [13]. The first order of business should be to ensure that only individuals with genuine needs have access to resources and to provide them with the minimal minimum of privileges [1].

#### a) The Principles of Trust in Zero Trust

The concepts are growing together with the greater studies on zero trust. While not all studies have identical settings, most adhere to same ideas [14]. Therefore, the zero trust likewise operates on similar grounds. Three trust-related principles were found after a review of the literature on zero trust.

• **Trust should be context-based:** This idea stems from the demands of ongoing assessment and dynamic access restriction [15][16]. Security experts can provide authentication and authorization in the current zero trust deployment by implementing fine-grained dynamic access control policies [17]. These policies have to trust the access

that is granted and fulfil the security requirements of the system for access in various scenarios. This indicates that trust in zero trust should be context-based and dynamic rather than static [14].

- Trust should be based on the minimum-security requirements of resource owners: Data are not trusted unless they are confirmed, and all transactions are defaulted to zero trust, unlike the typical perimeter. Furthermore, the least privilege concept permits confidence to be bestowed upon the interaction's most fine-grained information carrier, be it a single packet or transaction [18][19]. The owner of the important resource, however, will face significant security concerns following its leak or destruction. Therefore, resource owners frequently shoulder the risk of leakage. Accordingly, in a zero-trust scenario, the prerequisite for trust to be extended is the fulfilment of the resource owners' basic security criteria [14].
- **Trust should be hierarchical:** In order to guarantee consistent outcomes during conflicts, it is recommended to build a trust hierarchy. Different situations place varying amounts of importance on various forms of trust, according to the zero trust hierarchy [20]. Due to the intricate nature of cybersecurity, zero trust may include more than one trust. Inconsistent findings from evaluating the credibility of current transactions based on different forms of trust will make the transaction inappropriate for normal processing if there is no hierarchical division [14].

### b) Logical components of zero trust (ZT)

ZTA is made up of different services that have many logical parts and can be run either locally or in the cloud [21][22]. policy engine (PE), policy enforcement point (PEP), and Policy administrator (PA) are the three components that NIST deems essential [23], as shown below in Figure 2.



Figure 2: Core logical components of ZT[23]

Functions of these three fundamental parts are as follows:

- **Policy engine (PE):** This section makes the ultimate call on whether to provide access to a resource for a certain topic. In order to decide whether to grant or revoke access to the resource, the PE uses a trust algorithm that takes into account both internal company policy and input from other sources [24]. The PE and the policy administrator part work together. Execution of the decision is carried out by the policy administrator after the policy engine has made and recorded the decision as accepted or rejected [1].
- **Policy administrator (PA):** closely collaborates with the PE and grants or refuses access based on the PE's judgement. It communicates with the PEP to enforce policies and can be included into the PE [23].

• **Policy enforcement point (PEP):** Activates, tracks, and then deactivates the link between the user and the resource. The client and resource parts are further subdivided. Typically, a trust-zone is the region outside the PEP [23][25].

# 3. Fundamentals of Remote Browser Isolation (RBI)

As an extra defense against browser-based threats, virtual browser techniques like remote browser isolation (RBI) are becoming increasingly popular [26][27]. By isolating endpoint hardware from user surfing activities, RBI helps you lower the threat surface.

RBI is a cybersecurity solution that isolates web browsing activity from endpoints to prevent the execution of malicious code such as malware on local devices. Picture it as a protective fence encircling your user's web browser, whenever they go online[28]. This barrier acts as a guard between their computer and potentially dangerous websites, ensuring that any lurking threats never make it to the device or network [29][30]. RBI enables a Zero-Trust framework for web browsing, allowing organizations with overstretched IT teams or lacking dedicated Web security knowledge to focus on high-value tasks instead of time-consuming incident response activities shown in Figure 3.



Figure 3: The Remote Browser Isolation

#### a) Types of Remote Browser Isolation

Businesses have a variety of RBI options at their disposal to reduce cyber risks, each tailored to a different resource and web isolation scope:

- Remote Browser Isolation for Unauthorized Access Control: If an unknown user tries to access a database or application without authorization, RBI will kick in and restrict their access to viewing just, rather than editing, the data [31].
- **Document-Based Remote Browser Isolation:** For viewing purposes only, RBI activation is required for any papers obtained from the internet.
- **Remote Browser Isolation for Email Links:** Designed to ward off phishing and other email-based threats. Sets RBI to activate only when an email has embedded links that prompt for "view-only" viewing.
- **Comprehensive Remote Browser Isolation:** Pretends that using RBI for every web session is inherently hazardous for all websites.
- Website-Targeted Remote Browser Isolation: Turns on only when the user visits potentially dangerous websites or

navigates to unfamiliar pages in a new session-specific disposable sandbox [32].

#### b) Benefits of Remote Browser Isolation

Internet users can feel more secure while using remote browser isolation:

- Without installing an endpoint agent on each device, it is possible to provide users with safe access to potentially harmful web material by separating them from web programs.
- Prevents data loss caused by targeted attacks that are concealed in webpages, downloaded web content, and vulnerable plugins.
- Prevents websites from compromising an endpoint, regardless of the browser's security flaws or plugins, therefore eliminating the risk of data exfiltration.
- Allows for more permissive internet policies, which means less complicated restrictions, less risk, and greater freedom for users when it comes to browsing the web.

#### c) Challenges of Remote Browser Isolation

A lot of remote browser isolation services have certain downsides, but they also have some positives. When a large number of browser sessions are sandboxed and then streamed to consumers, it often leads to:

- **High latency:** An unpleasant user experience is guaranteed whenever session data must travel a longer distance from the user endpoint to the sandbox. Naturally, complex security stacks exacerbate the problem.
- **High bandwidth consumption:** Pixel streaming consumes a lot of bandwidth, which might quickly overload the system if it isn't prepared for it.
- **High costs:** The processing power needed to stream encrypted video material can add up quickly, especially if you're footing the bill for the additional resources.

The demands of today's dispersed workforce are incompatible with RBI solutions built on antiquated network architecture, which rely on transmitting data over great distances using hardware with limited capacity. For that reason, a cloud-native zero trust approach is an ideal complement to an efficient RBI strategy.

## 4. RBI in Zero Trust Architecture

The security issues caused by an unclear network boundary, wherein numerous employees access network resources remotely over the internet, can be resolved with the help of Zero Trust Architecture and remote browser isolation. Malware on web pages is more likely to increase in proportion to the amount of internet usage. One way to safeguard endpoints from malicious software and unknown threats is by using Remote Browser Isolation [23][33]. Users can protect themselves from harmful content and online risks by viewing websites through a secure cloud server and then rerouting the content back to their devices as streamed pixels or filtered sessions [34]. See Figure 4 below for a visual representation of the logical components that comprise an enterprise-level Zero Trust architecture implementation.

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Figure 4: Zero Trust Architecture [35]

In contrast to the data plane, which is used for application data communication, the Zero Trust logical components communicate via a distinct control plane.

#### a) Zero Trust and Remote Browser Isolation (RBI) technology rise to the challenge

Zero Trust emerged as a response to these challenges.

Although the term was first used in 2010, Zero Trust as a concept didn't begin to gain significant traction until around a decade later, when industry professionals and even the United States government introduced Zero Trust strategies.

- Zero Trust shifts the security focus from a perimetercentric model to a model that continuously verifies and monitors all user interactions, regardless of their location or origin.
- This strategic approach emphasizes the importance of strong authentication, strict access controls, and least-privilege principles.
- However, implementing Zero Trust requires a critical extension of security controls beyond the traditional enterprise boundary[36]. This is where Remote Browser Isolation steps in as a pivotal component of Zero Trust.
- RBI addresses the security gap that conventional controls were ill-equipped to cover—securing web interactions beyond the firewall. RBI functions by isolating web browsing sessions in a remote environment.
- Users engage with web content through secure cloud-based containers, ensuring that any malicious elements remain quarantined from both the user's local device and the internal network[37].
- This proactive measure effectively mitigates the risk of web-borne threats infiltrating an organization's infrastructure, even in scenarios where users inadvertently access malicious websites. Despite how Zero Trust addresses that security gap, by 2026, just 10% of major companies will have a fully developed and quantifiable Zero Trust program.

## 5. Challenges and Limitation for RBI and Zero Trust Security in Modern Enterprise

The following challenges and limitations for RBI with Zero Trust Security in Modern Enterprise:

• **High Latency:** Delays in web interactions can lead to a suboptimal user experience. Increased lag may impact productivity, especially during real-time tasks. Poor performance in online collaboration tools can affect business operations.

- **Bandwidth Consumption:** Streaming web content requires significant bandwidth, which may overwhelm existing network infrastructures. High data usage can result in network congestion, degrading overall internet performance. Organizations may need to upgrade their infrastructure to accommodate increased bandwidth demands.
- **Cost Implications:** Initial investments in RBI technology can be substantial, posing challenges for smaller organizations. Ongoing maintenance, licensing, and support costs can strain IT budgets. Additional training and resource allocation may divert funds from other critical security initiatives.
- **Complexity of Integration:** It might need a lot of technical know-how to integrate RBI into current IT systems. Problems with compatibility with existing systems can make implementation more difficult. Workflows could be affected by changes to security rules and network setups.
- User Acceptance: Employees may resist using RBI due to perceived inconveniences, impacting adoption rates. Concerns about changes to browsing experiences may lead to pushback against new technologies. User training and engagement are necessary to ensure smooth transition and acceptance.
- Limited Functionality with Certain Applications: Some web applications may not function optimally in isolated environments, complicating operations. Essential features of certain applications may be restricted, hindering usability. Organizations must assess the compatibility of their web applications with RBI solutions. Security
- Concerns of Isolation Technology: Reliance on the security of the RBI technology means vulnerabilities could be exploited. Threats may emerge from potential weaknesses in isolation methods or server infrastructure. Continuous monitoring and updates are necessary to address emerging security threats.
- Management and Monitoring Overhead: Ongoing management and monitoring of RBI systems require dedicated resources. Resource allocation may be diverted from other critical security initiatives. Balancing management tasks with overall security strategy can be challenging.
- **Dependency on Internet Connectivity:** Stable and highspeed internet connections are crucial for effective RBI operation. Poor connectivity can limit usability, especially in remote work scenarios. Organizations in areas with unreliable internet may face challenges in implementing RBI solutions.

## 6. Literature Review

In this section, provide some previous work Remote Browser Isolation to Zero Trust Security in the Modern Enterprise.

In, Zeng et al., (2021) examines the network security border protection model. This paradigm lacks security protection, hence a zero-trust security architecture-based power Internet of Things network security protection model is presented. This article concludes by examining zero trust in the IoT. Power grid security is based on border protection thanks to power information network architecture[38]. In, Zhang et al., (2022) suggested a Zero Trust Architecture trust evaluation algorithm. they created a Tag-based Trust Evaluation (TBTE) framework from the score- and criteria-based approaches. Tag generation considers all aspects that determine an access subject's trust, quantifying user behaviour and device security. The tag's positive and negative characteristic is used to create a simple trust evaluation rule that increases trust result interpretability compared to trust score-based evaluation and simplifies authorization policy compared to condition-based policy[39].

In, Muzaki et al., (2020) presents and suggests a way to apply WAF to a web app by use of Mod Security and the Reverse Proxy technique. One security idea that can be used to protect web applications from numerous dangers and attacks is the Web Application Firewall (WAF). Packet filtering, blocking malicious HTTP requests, and logging are all capabilities of WAF. There has been a meteoric rise in the usage of web applications. Web applications facilitate the sharing of information and the execution of business-related tasks for many individuals, groups, organizations, and governments[40].

In, Kuznetsova, Karlova and Bekmeshov, (2022) focused on creating strategies for preventing advanced persistent threats in a timely manner by analyzing the tactics used by attackers. A real difficulty for modern businesses is countering the most harmful attacks, which are sophisticated persistent threats. Methods for detecting provocations of protection system modernization and methods for monitoring the major automated system's resource state are the main topics of this article. Additionally, the article tackles the technique of detecting questionable modifications in the resources[41].

In, Tong et al., (2020) offers a unique solution to the remote sensing image scene classification problem by employing the Spatial Transformer Fusion Network (STFN), a type of spatial transformer network. Scene classification in remote sensing images is a hot topic in the realm of high spatial resolution remote sensing image interpretation. The complex spatial distribution and patterning of items in high-resolution remote sensing images complicate the problem[42]. In, Fang and Guan, (2022) the majority of corporate infrastructures will run in a hybrid zero trust/perimeter-based mode as they keep investing in IT modernization projects and work to improve organisation business operations. Another solution to this issue is zero trust networks (ZTNs). They have conducted an in-depth analysis of zero trust principles, zero trust architecture's logical components, and zero trust network's core technology. The practice of teleworking has been more commonplace in recent years due to the prevalence of frequent epidemic prevention and control efforts[43].

In, Anderson et al., (2022) examines the pros and cons of implementing zero trust in scenarios where users bring their own devices. A rising factor in businesses' capacity to accommodate remote workforces is the Bring Your Own Device (BYOD) policy. Concerns about access control policy administration in relation to BYOD security enforcement are growing in importance as more and more businesses adopt zero trust strategies for their network security. In addition to this policy specification, they have developed a network architecture that employs continuous authentication and authorization enforcement in a unique way to accommodate enterprise zero trust BYOD use cases[44].

In, Sheikh, Pawar and Lawrence, (2021) current business landscape, cloud computing environments supporting dynamic workloads are gradually replacing traditional infrastructures and data centers, which is leading to substantial security shifts in enterprise infrastructures. Conventional data centers, which necessitate network micro segmentation, are not well-suited to present-day network security best practices. This paper introduces a new architecture for network security that enables zero trust. The concept is based on inspecting network traffic for information about protocols and ports in order to authorize legitimate communication. A cloud computing data center environment exemplifies this strategy[45].

Table 1 gives an overview of the related works in the context of zero-trust security and network architectures, highlighting the relevance of each to the concept of Remote Browser Isolation and the broader Zero Trust approach.

Reference	Focus Area	Proposed Solution	Key Features	Application	Challenges Addressed
				Domain	
[38]	Network Security	Zero-Trust Security	Enhances security beyond	Power Internet	Lack of comprehensive
	in Power IoT	Architecture	traditional border protection	of Things	security in border-based
			-	_	models
[39]	Trust Evaluation	Tag-Based Trust	Combines score and criteria-	General ZTA	Complexity in trust
	for Zero Trust	Evaluation (TBTE)	based approaches; improves	implementation	evaluation
			interpretability of trust results	-	
[40]	Web Application	WAF using Mod Security	Filters packets, blocks threats,	Web-based	Attacks on web applications
	Security	& Reverse Proxy	logs activities	Applications	
[41]	Advanced	Prevention methods based	Detects resource modifications,	Modern	Detecting and preventing
	Persistent Threats	on attack analysis	monitors resources	Enterprise	APTs
	(APT)	_		Systems	
[42]	Remote Sensing	Spatial Transformer	Applies spatial transformer	Remote Sensing	Complexity in object
	Image	Fusion Network (STFN)	network to complex spatial		distribution and structure
	Classification		patterns		
[43]	Zero Trust	Hybrid Zero	Systematic study of zero trust	General IT	Hybridization of perimeter-
	Networks (ZTN)	Trust/Perimeter-based	principles and technologies	Infrastructure	based and ZTN approaches
		Mode	<b>-</b>		

 Table 1: Comparative table of literature review for RBI in Zero trust

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Γ	[44]	BYOD Security in	Network Architecture for	Continuous authentication and	BYOD Use	Access control management
		Zero Trust	BYOD	authorization enforcement	Cases	for BYOD
	[45]	Cloud Network	Network Security	Inspects network traffic, micro-	Cloud Data	Security transformation with
		Security	Architecture based on	segmentation	Center	micro-segmentation
			Zero Trust			-

## 7. Conclusion and Future Scope

Zero Trust Security and Remote Browser Isolation collectively provide an advanced approach to safeguarding modern enterprises against sophisticated cyber threats. Zero Trust shifts the focus from traditional perimeter-based security to a model that emphasizes context-aware access and dynamic evaluation of trust. RBI further strengthens this approach by isolating web browsing sessions from the local device, preventing web-based threats from reaching enterprise infrastructure. However, the successful implementation of these technologies comes with challenges such as high latency, increased bandwidth consumption, complexity of integration, and cost implications. Overcoming these obstacles requires a careful balance between security policies, infrastructure capabilities, and user experience. Despite the challenges, the adoption of Zero Trust and RBI remains a crucial step for enterprises aiming to achieve a robust and resilient cybersecurity posture. Future work should focus on improving performance, integrating AI and machine learning for automated threat detection, reducing implementation costs, and expanding use cases beyond web browsing to secure other enterprise services. Advancements in these areas will further optimize RBI's role in securing enterprise infrastructures against evolving cyber threats, ensuring a balance between robust security and seamless user experience.

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