

Madhyarama Neuron: Unveiling the Neural Basis of Energy Balance and its Therapeutic Potential in Mental Health

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Abstract: *The neural mechanisms underlying energy balance are fundamental to mental health and well-being. This study introduces a novel neuron termed "MADHYARAMA," hypothesized to play a central role in regulating energy flow and balance within the human body. Disruptions in this balance are linked to various mental health disorders, including depression and anxiety. The findings suggest that vibrations from chakra meditations can facilitate energy movement along a spiral path, resonating with the DNA structure and culminating in the brain's energy center. The MADHYARAMA neuron, located between the eyebrows, appears to act as a crucial energy hub, linking the left and right hemispheres of the brain. This neuron's activation, prompted by external pressure, may optimize energy distribution across the body. This research presents evidence for the potential therapeutic role of the MADHYARAMA neuron in treating mental health disorders. The discovery highlights the significance of understanding ancient energy systems alongside modern neuroscience, offering a promising avenue for non-invasive treatments of conditions like anxiety, depression, and possibly schizophrenia. Future studies should explore the neuron's mechanisms further to substantiate its clinical application in mental health therapies.*

Keywords: MADHYARAMA neuron, energy balance, Non-invasive therapy, Spiral energy flow, ancient Indian teachings

1. Introduction

The human brain is one of the most intricate structures within the human body, responsible for governing its entire function. The brain comprises neurons that perpetually transmit signals and energy from one area to another within the body, with approximately 100 billion neurons present (1), which in turn regulate the body's signal transmission mechanisms. Essentially, the body's functionality relies on a balance of energy, and any disruption in this balance can lead to mental health issues such as depression and anxiety, among others (2). In our bodies, there are typically two types of energy—negative energy and positive energy—and the equilibrium between these two forms is crucial for maintaining a stable and healthy life (3). Currently, nearly 1 in every 8 individuals is grappling with mental health disorders, with approximately 86 percent of them being young people, according to a WHO report (4). The treatment options for mental health disorders encompass psychotherapy, which may or may not include medication (5), yet the success rate of these therapies hovers around 75 percent (6). This raises the question of why the success rate of such therapies is relatively low, and what the most effective solutions are to address this issue.

This research aims to elucidate

The process underlying the energy transfer throughout the body. The identification of a new neuron that regulates energy balance and transfer—MADHYARAMA. Solutions to the problem backed by experimental evidence.

2. Materials and methods

The human brain is one of the most intricate structures in the human body, responsible for controlling all bodily functions. An experiment was carried out on two patients suffering from depression, anxiety, and other disorders, during which they were allowed to relax in a peaceful and serene environment,

while the sounds of the seven chakras were played through earphones connected to their ears. In addition to the sound exposure, a gentle thumb pressure was applied between their eyebrows (7). This process was repeated for two hours each day, and after precisely 15 days, the patients showed remarkable recovery from their depression and anxiety, experiencing a surge of positive energy throughout their bodies.

This was achieved without any form of therapy or disruption to their regular routines, taking place at night just before sleep.

3. Result

According to our ancient Indian scriptures, the human body is imbued with energy, and any imbalance in this energy can lead to mental health issues. The meditations associated with the seven chakras are outlined in the Shatchakra - nirupanam text to help restore this energy balance. The process unfolds as follows:

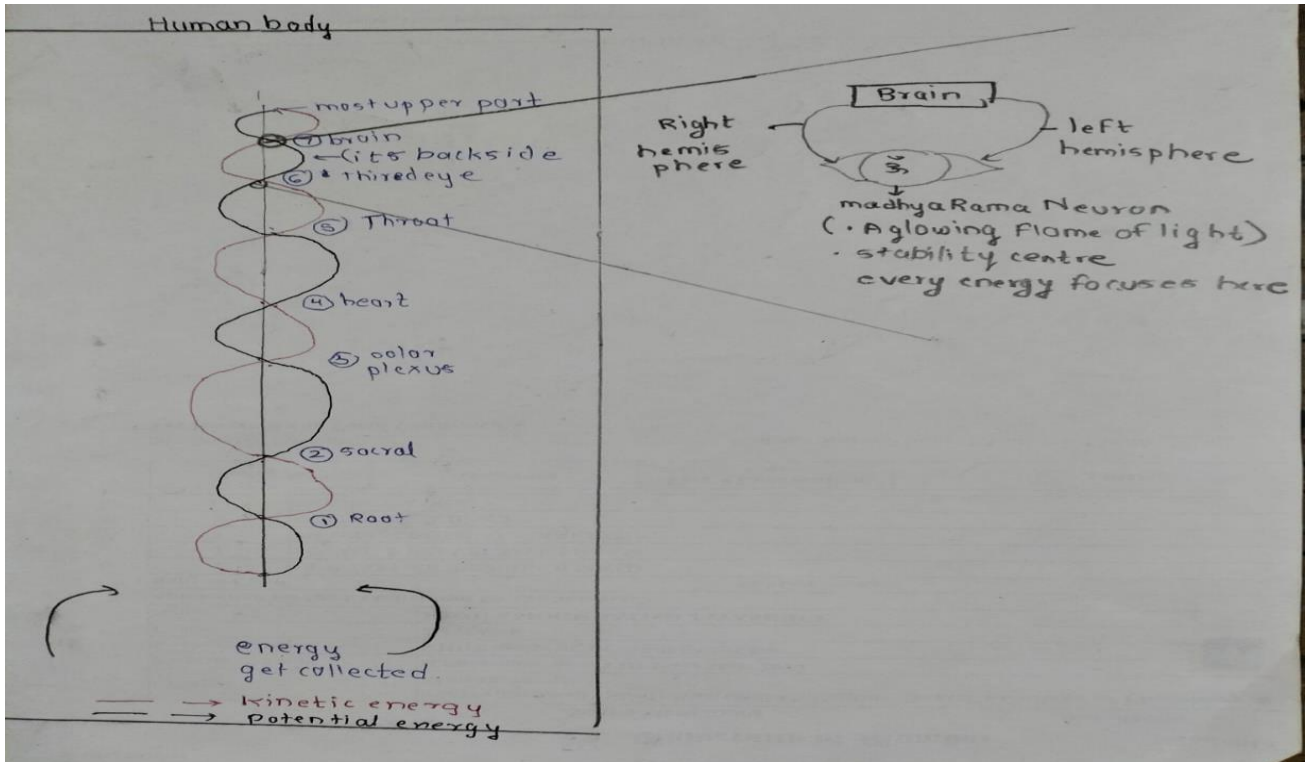
- Vibrations generate energy within our bodies.
- The energy begins to flow toward the center of each of the seven chakras.
- This energy starts its journey from the lower chakra and ascends to the brain.

The energy within our bodies flows in a remarkable manner, as described by ancient yogis, where it spirals similar to the structure of our DNA. Just as DNA consists of two strands, there are two types of energy: kinetic and potential, both of which move in a spiral pattern akin to a snake, enabling swift travel to the brain. There exists a point where these two energies interact, known as the junction point, which ancient science refers to as chakras, and their activation.

The brain serves as a reservoir for this energy, subsequently transmitting it to the neuron known as MADHYARAMA, located at the center between the eyebrows. The distinctive feature of this neuron is its connection to both the left and right hemispheres of the brain. Just as every form of energy has its center, the MADHYARAMA neuron acts as the energy center within the brain, resembling the flame of a lamp (Jyoti) that is yellow and radiantly luminous.

Moreover, when pressure is applied externally at the location of this neuron between the eyebrows, the energy is distributed throughout the body, resulting in beneficial effects.

The MAHDYARAMA neuron is akin to a luminous flame in a lamp, and it represents a significant discovery, as it not only alleviates depression and anxiety but also has the potential to treat conditions such as schizophrenia.



4. Conclusion

This study effectively elucidates the transfer of energy and highlights the significance of the new neuron - MADHYARAMA, which has the potential to aid in the treatment of diseases in the future.

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