

To Evaluate Clinically the Effectiveness of Homoeopathic Medicines in Various Psychiatric Disorders using Kents's Repertory

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Abstract: *Mental disorders are a diverse group of brain disorders that primarily affect emotion, higher cognition (thinking) and executive function (ability to solve problems). The boundary between mental and neurological disorders is arbitrary¹. In India, mental illness is often followed by denial and hesitation to seek help and these statistics show the burden of Mental disorder in India. At a time when the entire world is down with COVID - 19 pandemic, which has impacted the mental health of millions of people. There is ever increasing levels of Anxiety, Fear, Isolation, Social distancing and emotional distress. This study will show whether the Homoeopathic medicines chosen on the basis of rubrics taken from Kent's Repertory is helpful in the treatment of psychiatric cases or not. Objective: 1) To study the available material in Homoeopathy for the treatment of Neurosis and other Psychiatric Disorders. 2) To find out the effectiveness of Homoeopathic drugs in the treatment of Neurosis and other Psychiatric disorders. 3) To identify the most effective potencies and the mode of action of effective drugs. Conclusion: During our Project study in the year 2022 - 2023 on the topic Effectiveness of Homoeopathic drugs in psychiatric Disorders, we noted that there are certain diseases in Psychiatric field where our Homoeopathic medicines worked in an effective way showing mild to marked improvements and in certain sections where no improvement was noted.*

Keywords: Psychiatric disorder, homoeopathy in psychiatry

1. Introduction

In the 19th century, the noun psychiatry originated from the middle Latin word "*psychiatria*", meaning "a healing of the soul". Someone who practices psychiatry focuses on healing the soul – or the mind – of those suffering from mental illness.

Mental disorders are a diverse group of brain disorders that primarily affect emotion, higher cognition (thinking) and executive function (ability to solve problems). The boundary between mental and neurological disorders is arbitrary¹

Psychiatric Nosology

The **classification of mental disorders** is also known as **psychiatric nosology** or **psychiatric taxonomy**. It represents a key aspect of psychiatry and other mental health professions and is an important issue for people who may be diagnosed.

There are currently two widely established systems for classifying mental disorders: 1) **Chapter V of the tenth International Classification of Diseases (ICD - 10)** produced by the **World Health Organization (WHO)** 2) The **Diagnostic and Statistical Manual of Mental Disorders (DSM - 5)** produced by the **American Psychiatric Association (APA)**.

2. Materials and Methodology

Study setup: It was an exploratory study, with a sample size of 50 patients

Subject: The subjects for the study were selected from patients attending OPD, IPD and peripheral dispensaries of Sri Guru Nanak Dev Homoeopathic medical college and hospital, Ludhiana.

Inclusion Criteria: Cases having typical Symptomatological representation of Depressive neurosis and anxiety Neurosis. Misc Cases: Autism, ADHD, Mental Retardation, Schizophrenia, Migraine (psychogenic) behavioural disorders. neuropsychiatric disorders, Sleep disorders, Global developmental delay, Epilepsy, Down's syndrome. patients complying with regular follow ups.

Exclusive Criteria: Cases with severe concurrent illness, Cases with severe symptoms of anxiety disorder - acute panic attack, manic depressive psychosis. Cases of paranoid schizophrenia where there is danger to life. Intervention Proper case taking was concluded according to homeopathic principles and was recorded after complete case taking, repertorization was done on the basis of totality of symptoms.

Outcome of the study

The result of our study of Psychiatric illnesses in the year 2022 - 2023 of all the reporting patients including new and follow up cases, cases showed improvement by now is as follows:

Cases showing marked improvement - 4%
Cases showing moderate improvement - 29%
Cases showing mild improvement - 68%
Cases showing no improvement - 0%
Cases showing aggravation or get worsen - 0%

Acknowledgment

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Conflict of Interest

The author declares that there is no conflict of interest

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