Clinical Observation of Conjunctival Papilloma in an Elderly Female Patient: A Case Study

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Abstract: This case study examines a 60 - year - old female patient who presented with a reduction in vision in both eyes, which was diagnosed as immature cataracts upon slit - lamp examination. Additionally, an elevated, fleshy red lesion characteristic of conjunctival papilloma was observed during a torch examination. The patient, who referred to the lesion as a flower in her left eye, had no complaints regarding it and did not return for further evaluation. This study highlights the clinical presentation, potential configurations, and common locations of conjunctival papilloma, as well as the importance of follow - up in managing such cases.

Keywords: Conjunctival papilloma, case study, cataracts, ocular neoplasm, clinical observation

- The conjunctival papilloma is an elevated lesion that usually has a fleshy red appearance, and it can be solitary or multiple.1
- This neoplasm can have a sessile or pedunculated configuration.
- The benign lesion can be located in the inferior fornix or the bulbar conjunctiva, and rarely near to the cornea
- This is a 60 years old female came to OPD with complaints of diminution in vision in both eyes.
- This lesion was noted On torch examination, after asking about the history and complaints, patient proudly said "I have flower in my left eye "and never had any complaint about it.



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On slit lamp examination, it was senile immature cataract in both eyes.

Conclusion

This case highlights the clinical presentation of conjunctival papilloma, an often benign but notable ocular lesion. Despite the patients dismissal of the lesion as merely a flower, its identification during a routine examination underscores the need for thorough ocular evaluations and the importance of patient compliance with follow - up visits.

Proper monitoring and potential intervention are crucial for managing conjunctival papilloma to prevent possible complications or misdiagnosis.

References

[1] https://eyewiki.aao.org/Conjunctival_Papilloma

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