

Understanding and Co-Relation of Expressions of Love and Hate and it's Homeopathic Prospective in Different Repertories

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Abstract: Love and hate are intimately linked within the human brain, according to a study that has discovered the biological basis for the two most intense emotions. Emotion are biological state associated with nervous system brought on by neurophysiological changes variously associated with thoughts, feeling, behavioral responses, and a degree of pleasure or displeasure. An exploratory study with simple random sampling technique was carried out at Sri Guru Nanak Dev Homeopathic Medical College, Ludhiana. Cases were followed up to six months and assessment was done once in 15 days. **Objectives:** To study the role of different repertories in treatment of emotion disorder, To promote good health and change of lifestyle by advise and counseling. **Result:** The uses of homeopathic medicine has a beneficial effect in case of prominent feeling of love and hate. **Conclusion:** The findings of the above study concluded that 96% of the cases responded well to the indicated homeopathic similimum. This study proved the rubrics of emotion love and hate play a significant role in the homeopathic prescription and homeopathic treatment.

Keywords: Love, Affection, disappointment, Frustration, Grief, Hate

1. Introduction

Emotion are biological state associated with nervous system brought on by neurophysiological changes variously associated with thoughts, feeling, behavioral responses, and a degree of pleasure or displeasure there is currently no scientific consensus on a definition. Emotion is often intertwined with mood, temperament, personality, disposition, creativity and motivation.

Research on emotion has increased significantly over the past two decades with many fields contributing including psychology, neuroscience, affective neuroscience, endocrinology, medicine, history, sociology of emotion and computer science. From a purely mechanistic perspective, "emotion can be defined as a positive or negative experience that is associated with a particular pattern of physiological activity "emotion produced different physiological, behavioral and congestive changes. Love encompasses a range of strong and positive emotional and mental states, from the most virtue or good habit, the deepest interpersonal affection and the simplest pleasure. An example of this range of meanings is that the love of a mother differs from the love of a spouse, which differs from the love of food. Most commonly, love refers to a feeling of strong attraction and emotional attachment.

Hatred is a strong, negative feeling against the object of the hatred. The hater sees the object of their hatred as bad, immoral, dangerous, or all of this together (Staub, 2003).

Hatred is often associated with feelings of anger, disgust and a disposition towards the source of hostility. The important self-protective function, to be found in hatred, can be illustrated by Steinberg's analysis of 'mutinous' hatred, whereby a dependent relationship is repudiated in a quest for autonomy. Hatred is based on the perception of the other, but also has a strong relationship with ourselves, with our

personal history, and its effects on our personality, feelings, ideas, beliefs, and especially our identity. Certain adversity in our lives can trigger and intensify hatred: jealousy, failure, guilt and so on. In short, hatred is built on a complex mix of cognitions and emotions. The cognitive components are related to the devaluation of the other, the perception of them as a threat. The emotional part includes a set of feelings like anger, fear, distress, and hostility. Finally, another element related to hatred is a certain, sometimes crazy, sense that we are justified in acting against – or even eliminating – the object of our hate.

2. Materials and methodology

Study Setup: it is an Exploratory Study, with a sample size of 50 patients.

Subject: The subject for the study has been selected from the patients attending OPD, IPD, and peripheral dispensaries of Sri Guru Nanak Dev Homeopathic Medical College & Hospital.

Inclusive Criteria: Subjects of age group between 5 to 50 Years. Both the sexes irrespective of socio-economic status and climatic conditions. Repertories considered are Kent's repertory, Synthetic repertory synthesis repertory.

Exclusive Criteria: Cases with complications and other deep pathological changes.

Intervansion: Proper case taking of patients was conducted according to homeopathic principle and after complete case taking repertorization was done, based on totality of symptoms, final prescription was based on individualization of patients after consulting the materia medica.

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Study parameters: Observations were made according to the change in the symptoms of patients.

3. Outcome of the Study

Out of 50 patients 48 patients shown positive result that mean 96% of improvement. 25 cases in age group between 21-30yrs, 5 cases in the age group below 20yrs. 10 each in patient between 31-40yrs and between the age group 41-50yrs were reported. The study also reflects that among 50 patients, the rubric related to love was seen in 25 cases and in 16 cases hate was in dominance where as in 9 cases mixed picture of love and hate was witnessed.

In the study 18 cases were from ailments due to anxiety, 15 cases due to suppressed anger, 10 cases of fear, grief and brooding, 8 cases of want to confidence and disappointment, 6 cases of weeping, affectionate, reserved, 7 cases of over sensitiveness, 5 cases of emotional affects and business cares, 3 cases each of hatred, forsaken, irritability, 2 cases of each insecurity, discords between relative, suicidal thoughts and 1 cases each of benevolence, death of relative, gourmand, resentment, mortification, reproach, jealousy, ambition deceived, and ambitious were successfully treated, using homeopathic medicines, with the aid of various repertories.

4. Conclusion

Total 12 medicines were found useful in this study and most of the cases we found rubrics related love and most used medicine was Natrum Muraticum. And homeopathic medicine found useful.

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6. Conflict of interest

The author declares that there is no conflict of interest.

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